













Physical Development

	 Sensory	 Fine Motor	 Gross Motor
0 3M  6M  9M 	<ul style="list-style-type: none"> • responds to bells/ringing sounds • can only see bright colors and black and white • surprised when things suddenly disappear, likes playing peek-a-boo • turns head towards direction of sound • interested in things that make sound • likes to put things in mouth • interested in textures, likes to touch soft and smooth things • likes to look at mirror 	<ul style="list-style-type: none"> • grasps whatever is placed in her hand, but does not know how to let go yet • plays with fingers • can grasp rattle • can shake rattle • reaches to grasp toys and objects • performs simple movements such as opening and closing, flipping up and down, pushing and pulling • claps • can poke and twist 	<ul style="list-style-type: none"> • moves arms and legs • lifts head 45 degrees while lying on stomach • lifts head to observe surroundings • can sit up for a short period of time • can roll over • sits independently to play • crawls • sits independently for a long period of time • stands with support • walks with support • can stand alone
1 15M  18M  21M 	<ul style="list-style-type: none"> • understands "cold", "hot", "dry", "wet", "soft" and "hard" • able to visually follow fast-moving objects • likes to make sounds by touching objects • can tell different sounds apart • tells different musical instruments apart • understands rhythm 	<ul style="list-style-type: none"> • can stack 2 blocks • pushes toy cars • can pull pullstring toys • can stack 3 blocks • takes shoes off • flips pages of a book one by one, has eye hand coordination • can stack 4 blocks • holds spoon to eat • can put coins in slot • can stack 6 blocks 	<ul style="list-style-type: none"> • can walk 3-4 steps independently • walks with help of push car or other people • able to turn while walking • climbs stairs with help • able to kick a ball • can run a short distance • stands on one foot with help • knows how to swing • kicks ball forward accurately • can stand on one foot
2 27M  30M  33M 	<ul style="list-style-type: none"> • understands "sharp" and "blunt" • can control strength of blowing • likes to press buttons that make sounds and piano keys • able to tell feelings of tiredness, pain and itchiness 	<ul style="list-style-type: none"> • buttons herself • can build a bridge with blocks • ties shoelaces • stacks 7-8 blocks • uses scissors • buttons big plastic buttons • stacks 8-9 blocks • twists open lid 	<ul style="list-style-type: none"> • can tiptoe • throws • can jump forward with both feet • can pedal a tricycle • can climb stairs, putting both feet on each step
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